
ICCP 2026 Workshop Presenter Guidelines

International Conference on Counselling and Psychotherapy (ICCP 2026)

January 7–9, 2026 | Bengaluru, India

www.iccp2026.com

Duration

Each workshop is allotted **90 minutes**, including participant interaction, group activities, and discussion.

Workshops are designed to be **experiential, skill-building, and applied**, linking theory to professional practice in counselling, psychotherapy, and related disciplines.

Workshop Objectives

Your workshop should aim to:

- Introduce participants to **practical frameworks or interventions** that enhance their clinical or educational work.
 - Integrate **research evidence and applied skills**.
 - Encourage **active participation** through demonstrations, role plays, reflective exercises, or case applications.
 - Connect with one of the **ICCP 2026 conference tracks or sub-themes**.
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Structure (Suggested Flow)

While formats may vary, the following outline is recommended for coherence and engagement:

- 1. Opening (10–15 min)**
 - Introduce topic, objectives, and session flow.
 - Brief participant warm-up or reflection.
- 2. Core Content (45–50 min)**
 - Present key concepts or research insights.
 - Demonstrate tools, frameworks, or models (using slides, handouts, or live examples).
 - Facilitate participant practice or breakout exercises.
- 3. Integration & Discussion (15–20 min)**
 - Reflect on application to counselling/psychotherapy practice.
 - Invite participant feedback and Q&A.

4. Closing (5 min)

- Summarize key takeaways.
 - Share references and additional resources.
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Presentation & Materials

- Workshops may include **PowerPoint slides, videos, handouts, or live demonstrations**.
 - Bring all files on a **USB drive** and submit a copy to iccp2026@montfortcollege.edu.in at least **5 days before the conference**.
 - Use visuals that are clear, culturally appropriate, and aligned with **APA 7th edition** citation style.
 - If distributing printed handouts, ensure they include:
 - Workshop title
 - Presenter name(s) and affiliation
 - Key learning objectives
 - References (APA 7th format)
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Facilitation Tips

- Engage participants through **interactive and experiential methods** rather than lecture-style delivery.
 - Balance **theory and practice** with time for reflection or discussion.
 - Design activities suitable for **20–40 participants** (typical workshop size).
 - Be mindful of **inclusive and trauma-informed practices** in examples and language.
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References & Citation Format (APA 7th)

Include properly formatted in-text citations and a short reference list in any handout or slide deck.

Examples:

- *In-text:* (Author, Year)
 - *Book:* Author, A. A. (Year). *Title of the book*. Publisher.
 - *Journal:* Author, A. A., & Author, B. B. (Year). *Title of article*. *Journal Name*, volume(issue), pages. <https://doi.org/...>
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